



Listening Lab

Pocket Guide for Using Stories

This guide can help you nurture a culture of storytelling at Penn Medicine, and highlight the unique stories that create meaning for our patients, families and colleagues.

1. Listen to a story during your commute or break.
2. Share a story with a colleague who is having a bad day.
3. Share a story with a patient or caregiver waiting for care.
4. Use a story during a staff training or orientation program.
5. Start (or end) your huddle, meeting or conference by playing a story.
6. Empower your colleagues to feel their story matters, and they have a story to share.

The average length of a story is three minutes. To experience a story, or contribute your own, visit our mobile-friendly website:

PennMedicine.org/ListeningLab



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